



Contact

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www.coachneetha.com

Education

Bharathiyar University, India
Bachelor of Computer Science & Engineering
2003

Certification

- ICF PCC, Certified Leadership Coach & NLP practitioner - Dubai
- Certified Facilitation Master - Germany
- Neuroscience for coaches and Consultants - UK
- Train the trainer - India
- Certified Executive Coach - Dubai

Work Experience in IT

- Cognizant Technologies, India, US Associate-Projects (4 years)
- Emirates Airlines, Dubai Senior Software Engineer (6 years)

Languages

- English
- Tamil

Navneetha Lokanathan

Communication & Leadership Coach

An Executive Coach, Certified Facilitator, and Corporate Trainer with overall 16+ years of professional experience. She enables leaders to communicate with clarity, demonstrate executive presence, lead with confidence and collaborate effectively.

- 550+ hours of 1:1 coaching experience; coached professionals across India, UAE, UK, US and Sweden.
- Delivered 40+ training sessions for companies across India, UAE, and the UK; trained 500+ professionals.
- Rooted in coaching psychology, emotional intelligence, and adult learning principles, my interventions are designed to drive mindset shifts, behaviour change, and ultimately, measurable outcomes such as organisational growth and improved productivity.
- Trusted By: Presidio Solutions India | Gnapi Technology India | Certify Technology Dubai

Coaching and Facilitation Offerings

Team Workshops / Facilitation

- Standalone facilitation workshops on Team Collaboration/ Building a High Performance Team
- Communication, Leadership & Executive Presence training followed by coaching intervention
- Focus on awareness, practice & application

1:1 Coaching

- Structured coaching engagements (6–12 sessions)
- Focus on real workplace situations
- Behaviour change + internal mindset shifts
- Highly reflective, practical, and customized

Client Impact

Teams

- Improve clarity and accountability in communication
- Build psychological safety
- Strengthen feedback and listening skills
- Reduce friction and emotional reactivity
- Create healthier team communication norms

Individuals

- Communicate with clarity and authority in professional settings
- Express viewpoints with confidence without over-justification
- Handle high-stakes and difficult conversations with composure
- Build visible credibility and leadership presence
- Respond thoughtfully under pressure instead of reacting

Key Achievements:

- Experience in coaching leaders across borders - India, the UAE, the UK, Germany and Sweden.
- Published Author – ‘The Assertive Edge’.
- A public speaker, appeared in 15+ stages and captivated audiences ranging from 100 to 800 strong.

References

Rangarajan Parthasarathy

Director, Talent Development,
Presidio, India

Rajinikanth

CLO, Adventz Group of companies,
India