



Shubashree G

Empowering People. Enabling Growth. Elevating Performance.

People Influencer | Life Skills & Soft Skills Trainer | Certified POSH Enabler |
POCSO Torch Bearer | HR & Counselling Professional | CBT Therapist | Content
Strategist | Digital Marketer |

EXECUTIVE SUMMARY

Drives productivity and strengthens communication and builds emotionally intelligent workplaces through experiential training backed by 25+ years of HR and facilitation expertise

Academics

- Bachelor in Bank Management | MBA (HR & Marketing)
- Master's in Psychology

Certifications

Advanced CBT - Indian Counselling Services
CIDTT - Cambridge Certified Trainer | POSH enabler |
POCSO Torch Bearer | PG Diploma in HRD -Institute
of Human Behavior Development
Employability Skills Trainer | Knowledge Facilitator

Member ships

- Registered Professional Counselor (RPC) - Chennai
Counselors Foundation (CCF)
- Certified Career Guidance Assessor and Counselor
- Volunteer with Bala Mandir (Happy Reading team
for the underprivileged)
- International committee member - Global Institute
of Counseling Professionals
- Country Ambassador - Here's2Life - Suicide
Prevention.

Professional Experience

- Independent L&D Professional
- Associate Partner @ Mile2Go Consulting Services
- Program Director - NGO - Program Management and
Training
- AVP - HR - VFX Organization
- GM - (HR & Ops) - International Yoga Foundation
- Head HR - IT Organization
- Assistant Manager -Strategic Hiring - Wipro Technologies

Managerial Roles - IT Organizations

- Think Soft Global, Megasoft Ltd, Altosys, mPower
Software Services to name a few
- At NIIT Ltd, led HR operations, Sales management, and
Skill development initiatives, focusing on empowering
learners with essential skills.
- Executive Role in HR with a Manufacturing Company
(S& S Industries and Enterprises Ltd)

Looking for tailored training in Soft Skills, POSH, or Leadership?

Let's talk! Call/WhatsApp

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Chennai | Available PAN India

THE R.I.S.E.™ FRAMEWORK

A transformational model for sustainable team development, the **R.I.S.E.™** approach helps organizations build safe, emotionally intelligent, and performance-driven teams.

R – Respect & Safety POSH

Awareness & Compliance Training
ICC Enablement & External Member
Support. Harassment Prevention, Safe
Workplace Culture

I – Interpersonal Skills

Cross-functional Collaboration
Customer Service & Communication
Conflict Resolution Skills

S – Self-Awareness & Well-being

Stress Management & Mental Health
CBT-informed Workshops
One-on-One Counselling, Emotional Wellness,
Burnout Prevention, Mindfulness at Work

E – Empowerment & Leadership

First-time Manager Training
Decision-Making & Problem Solving
Leadership Journeys for High-Potentials

Key Impact & Achievements

- Delivered **300+ high-impact training sessions** across IT, BFSI,
Manufacturing, and Education sectors.
- Trained **10,000+ professionals and students** in communication, leadership,
life skills, and psychological safety.
- Designed and delivered **POSH & POCSO programs**, strengthening workplace
compliance, safety, and awareness across organizations and schools.
- Serve as **External IC Member** for multiple organizations, supporting inquiry
processes and compliance governance.
- Enabled **5,000+ students** to transition smoothly from campus to corporate
through induction and employability programs.
- Drove measurable improvements in team behavior and engagement through
structured assessments and feedback-led training.
- Delivered **Mental Wellness, Digital Addiction, and Post-Retirement**
psychological safety sessions, supporting emotional resilience and healthy
technology use.
- Led **DEI and Community outreach initiatives**, including employability
training for the transgender community and inclusive hiring awareness for
organizations.

Designed and delivered customized training modules that led to:

- ✓ Increased employee engagement and team collaboration
- ✓ Enhanced role-readiness, resulting in smoother onboarding and productivity gains
- ✓ Reduction in workplace grievances, improving compliance and work culture
- ✓ Alignment of training outcomes with business KPIs and HR development goals

Why Collaborate With Me ?

Business-Aligned Custom Training
CBT-Integrated, Case-Based Learning
HR-Aligned, Compliance-Ready Delivery
HR Panel Member -TNSDC (Govt. of Tamil Nadu)
Multilingual Facilitation for Wider Reach